Promises & Prayers

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The Great Promise of Jesus Christ

I promise you in the excessive mercy of My Heart that It's all-powerful love will grant to all those who receive Holy Communion on nine first Fridays of the month consecutively, the grace of final repentance; they will not die under My displeasure or without receiving their Sacraments, My Divine Heart making Itself their assured refuge at the last moment.

12 Promises of Our Lord Jesus Christ

- 1. I will give them all the graces necessary in their state of life.
- 2. I will establish peace in their families.
- 3. I will console them in all their difficulties.
- 4. I will be their secure refuge during life and especially at the hour of death.
- 5. I will bestow abundant blessings upon all their undertakings.
- 6. Sinners shall find in My Heart the source and infinite ocean of mercy.
- 7. Tepid souls shall grow fervent.
- 8. Fervent souls shall quickly grow to high perfection.
- 9. I will bless every place in which a picture of My Heart shall be exposed and honored.
- 10. I will give to priests the gift of touching the most hardened hearts.
- 11. Those who promote this devotion shall have their names written in My Heart, never to be blotted out.
- 12. (See the Great Promise of Jesus Christ at the top of this Promises and Prayers section)

All 12 given by Jesus Christ in person to St. Margaret Mary Alacoque in the town of Paray-le-monial in France in 17th century in a Catholic Church.

Consecration to the Sacred Heart of Jesus

Most Sacred Heart of Jesus, filled with infinite love, broken by my ingratitude, pierced by my sins, yet loving me still. Accept the consecration that I make to You of all that I am and all that I have. Take every faculty of my soul and body. Draw me day by day, nearer and nearer to Your Sacred Heart. And there, as I can bear the lesson, teach me Your blessed ways. Amen.

Words of Jesus Christ in His final revelation to St. Margaret Mary:

"Behold this Heart, which has loved men so much, that It has spared nothing, even to exhausting Itself, in order to testify to them Its love. And in return I receive from the greater number, nothing but ingratitude by reason of their irrevances and sacrileges, and by the coldness and contempt which they show Me in this sacrament of Love."

First Saturdays Devotion of Our Lady of Fatima

The following promise was given by Our Lady of Fatima, with Jesus at her side on December 10, 1925 to Sister Lucia of Fatima fame, who lived 80 more years after that date, spreading the message.

"I promise to assist at the hour of death, with all the graces necessary for salvation, all those who on the first Saturday of five consecutive months, shall confess, receive Holy Communion, recite the Rosary and keep me company for 15 minutes while meditating on the 15 mysteries of the Rosary, with the intention of making reparation to me."

How to say the Rosary (Warnings Today section)

Promises of Jesus, King of All Nations

Jesus, King of all Nations is the newest Title of Jesus Christ, given in apparitions starting in the 1990s. He has made revealed promises and gave us the prayers to say to receive those promises.

1 The Chaplet of Unity

Jesus said, "I promise to give this Chaplet of Unity great power over My Wounded Sacred Heart when prayed with faith and confidence to heal the brokenness of My peoples' lives caused by so much sin, selfishness, error, division, and disunity."

Recite on the large bead before each of the five decades of a rosary:

God our Heavenly Father, through Your Son Jesus, our Victim-High Priest, True Prophet, and Sovereign King, pour forth the power of Your Holy Spirit upon us and open our hearts. In Your great mercy, through the Motherly mediation of the Blessed Virgin Mary, our Queen, forgive our sinfulness, heal our brokenness, and renew our hearts in the faith, and peace, and love, and joy of Your Kingdom, that we may be one in You.

Recite on the ten small beads of each of the five decades:

In Your great mercy, forgive our sinfulness, heal our brokenness, and renew our hearts, that we may be one in You.

If you don't have a rosary, use your 10 fingers

Conclude the Chaplet with the following prayers:

Hear, O Israel! The Lord Our God is One God! O Jesus, King of All Nations, may Your Reign be recognized on earth! Mary, Our Mother and Mediatrix of All Grace, pray and intercede for us your children!

St. Michael, Great Prince and Guardian of your people, come with the Holy Angels and Saints and protect us! Amen.

Jesus said, "Yes, in this devotion to Me as Jesus, King of All nations, entreat My Kingly Heart with the prayer of this Chaplet of Unity that I Myself, Your Sovereign Lord Jesus Christ, have given you! Pray and ask for the spiritual wholeness and the healing of your own souls, for the union of your own will with God's Will, for the healing of your families, friends, enemies, relationships, religious orders, communities, countries, nations, the world, and unity within My Church under the Holy Father! I shall grant many spiritual, physical, emotional, and psychological healings for those who pray this prayer if it is beneficial to their salvation according to My Holy Will! Unity and oneness in Spirit was My Own prayer for all mankind and My Church as My own last testament before I gave My life as Savior of all mankind! As I am One with My Father and the Holy Spirit, My Will is all that mankind be one in Me, so that one Faith, one Fold, and one Shepherd will be gathered together under My Sovereign Kingship as Lord."

"I Jesus, Son of the Most High God, Who AM Sovereign Lord, promise to hold out to the souls who pray My Chaplet of Unity the Scepter of My Kingship and grant them mercy, pardon, and protection in times of severe weather and plagues. I extend this promise not only for yourselves but also for individuals for whom you pray. Any harm or danger, spiritual or physical, whether it be to soul, mind, or body, will I protect these souls against, and clothe them over with My Own mantle of Kingly Mercy."

The Chaplet of Unity may also be prayed as a novena, nine times in succession. This can be done hourly or daily. Jesus told His servant's spiritual mother, "**Make a Novena to Me of the Chaplet of Unity and I will powerfully and expediently answer your prayers according to My Sovereign and Most Holy Will!**"

2 The Novena in Honor of Jesus as True King

The Promise Jesus said:

"My little one, every time you say the prayers I taught you in connection with My image as 'Jesus, King of All Nations,' I promise that I will convert ten sinners, bring ten souls into the One True Faith, release ten souls from Purgatory and be less severe in My Judgment of your nation, the United States of America. My little one, this not only applies to your nation, but also all other nations. My child, each time you say these prayers, I will mitigate the severity of the chastisements upon your country."

The Novena consists of praying once a day over a period of nine days a set of one Our Father, one Hail Mary and one Glory Be, recited along with the following Novena Prayer:

O Lord our God, You alone are the Most Holy King and Ruler of all nations. We pray to You, Lord, in the great expectation of receiving from You, O Divine King, Mercy, peace, justice and all good things.

Protect, O Lord our King, our families and the land of our birth. Guard us, we pray, Most Faithful One! Protect us from our enemies and from Your Just Judgment.

Forgive us, O Sovereign King, our sins against You. Jesus, You are a King of Mercy. We have deserved Your Just Judgment. Have mercy on us, Lord, and forgive us. We trust in Your Great Mercy.

O most awe-inspiring King, we bow before You and pray; may Your Reign, Your Kingdom, be recognized on earth! Amen.

3 Consecration to Mary Mediatrix of All Grace

Jesus said:

"My beloved little daughter, your Lord and God comes to you to give you a message of great importance. I desire that the souls who embrace My devotion to 'Jesus King of All Nations,' make a special consecration to My Most Holy Mother under her title of 'Mary, Mediatrix of All Grace,' which it has pleased Me in My Great Love for her to give her. People MUST acknowledge her indispensable role as the Mediatrix, the Channel, of all of My Grace to mankind. Only when this dogma is officially proclaimed by My Church will I truly establish My Reign on earth."

Our Lady then appeared next to Our Lord and said: "Daughter, know that I have obtained this prayer for my children from the Heart of my Divine Son."

Jesus then revealed the Prayer of Consecration to Mary, Mediatrix of All Grace:

O Mary, Most Holy and Immaculate Mother of God, of Jesus, our Victim-High Priest, True Prophet, and Sovereign King, I come to you as the Mediatrix of All Grace, for that is truly what you are. O Fountain of all Grace! O Fairest of Roses! Most Pure Spring! Unsullied Channel of *all* of God's Grace! Receive me, Most Holy Mother! Present me and my every need to the Most Holy Trinity! That having been made pure and holy in His Sight through your hands, they may return to me, through you, as graces and blessing. I give and consecrate myself to you, Mary, Mediatrix of All Grace, that Jesus, Our One True Mediator, Who is the King of All Nations, may Reign in every heart. Amen.

Jesus also gave this beautiful message:

"My children, I desire only your peace and happiness! My Most Holy Mother has appealed to you time and time again! She still pleads. Will you not listen to her? Children, listen to your Heavenly Mother. Is there a more tender or loving ambassadress than My own mother? You see, My children, if I had come to you in My Power and Majesty before this, before My Most Holy Mother had come to you in great tenderness and meekness, you would not have been able to handle it for fear. The times have arrived, My children. Your Lord comes to you with great Power and Majesty. My Most Holy Mother has prepared My Way with the greatest of care. My children, you owe much, very much, to your Heavenly Mother."

> 4 Novena of Holy Communions

The Promise Jesus said:

"I desire that the faithful souls who embrace this devotion to Me as Jesus, King of All Nations, make a Novena of Holy Communions. They therefore shall offer me nine (9) consecutive Holy Communions, in honor of Me as 'Jesus, King of All Nations'." Jesus indicated that by "consecutive," He meant nine Communions, uninterrupted, one after another, that the souls would receive. They need not be on nine calendar days in a row, just each Communion received, one after the other. Of course, you must go to confession to a priest if you have a serious sin, a mortal sin, before receiving Holy Communion.

Jesus said:

"My daughter, for those souls who will offer Me the devotion of the Nine Consecutive Holy Communions in honor of Me as Jesus, King of All Nations, I will bid an angel of each of the Nine Choirs, one with each Holy Communion, to guard this soul for the rest of its life on this earth."

Jesus wants us to pray the Novena for others, and explains its necessity at this time: "This Novena may be prayed with its promises for another soul and that soul will also receive additional angelic protection. The praying of this Novena for communities, nations, and the world, will also call down My angelic protection upon them. Because of the many evils in <u>these end-times</u>, it is My desire that your pray to Me to send My angelic hosts to guide, guard and protect you. This is then My solemn promise."

In His great generosity, Jesus granted that, in addition to the angelic protection, one may have a separate, unrelated intention for this Novena. He promised: **"What they ask for in this Novena of Holy Communions, if it be according to My Most Holy Will, I will surely grant it.** Let these souls ask from Me without reservation."

> 5 Litany in Honor of Jesus King of All Nations

The Promise

Jesus told His servant, "I promise My child that whosoever shall recite this Litany of Mine shall die in My arms with My smile upon them. I, Myself, will appear to these souls as 'King of All Nations' before their death."

The Prayer

The litany responses are indicated by the letter "R" and are made after <u>each</u> invocation.

The Following then is the Litany in honor of Jesus, King of All Nations.

Lord, have mercy on us. Christ, have mercy on us. Lord, have mercy on us.

R- Have Mercy on Us

God, our Heavenly Father, Who has made firm for all ages your Son's Throne, God the Son, Jesus, our Victim-High Priest, True Prophet, and Sovereign King, God the Holy Spirit, poured out upon us with abundant newness, Holy Trinity, Three Persons yet One God in the Beauty of Your Eternal Unity.

R- Reign in Our Hearts

O Jesus, our Eternal King,

O Jesus, Most Merciful King,

- O Jesus, extending to us the Golden Scepter of Your Mercy,
- O Jesus, in Whose Great Mercy we have been given the Sacrament of Confession,
- O Jesus, Loving King Who offers us Your Healing Grace,
- O Jesus, our Eucharistic King,
- O Jesus, the King foretold by the prophets,
- O Jesus, King of Heaven and earth,
- O Jesus, King and Ruler of All Nations,
- O Jesus, Delight of the Heavenly Court,
- O Jesus, King Most Compassionate toward Your subjects,
- O Jesus, King from Whom proceeds all authority,
- O Jesus, in whom, with the Father and the Holy Spirit, we are One,
- O Jesus, King Whose Kingdom is not of this world,
- O Jesus, King Whose Sacred Heart burns with Love for all of mankind,

- O Jesus, King Who is the Beginning and the End, the Alpha and the Omega,
- O Jesus, King Who has given us Mary, the Queen to be our dear Mother,
- O Jesus, King Who will come upon the clouds of Heaven with Power and Great Glory,
- O Jesus, King Whose Throne we are to approach with confidence,
- O Jesus, King truly present in the Most Blessed Sacrament,
- O Jesus. King Who made Mary the Mediatrix of All,
- O Jesus, King Who made Mary Co-Redemptrix, Your partner in the Plan of Salvation,
- O Jesus, King Who desires to heal us of all division and disunity,
- O Jesus, King wounded by mankind's indifference,
- O Jesus, King Who gives us the balm of Your Love with which to console Your Wounded Heart,
- O Jesus, King Who is the Great I AM within us, our Well spring of Pure Delight,

R- May we serve You

- Jesus, King of All Nations, True Sovereign of all earthly powers,
- Jesus, King of All Nations, subjecting under Your feet forever the powers of hell,
- Jesus, King of All Nations, the Light beyond all light, enlightening us in the darkness that surrounds us,
- Jesus, King of All Nations, Whose Mercy is so Great as to mitigate the punishments our sins deserve,
- Jesus, King of All Nations, recognized by the Magi as the True King,
- Jesus, King of All Nations, the Only Remedy for a world so ill,
- Jesus, King of All Nations, Who blesses with Peace those souls and nations that acknowledge You as True King,
- Jesus, King of All Nations, Who Mercifully sends us Your Holy Angels to protect us,
- Jesus, King of All Nations, whose Chief Prince is St. Michael the Archangel,
- Jesus, King of All Nations, Who teaches us that to reign is to serve,
- Jesus, King of All Nations, Just Judge Who will separate the wicked from the good,
- Jesus, King of All Nations, before Whom every knee shall bend,
- Jesus, King of All Nations, Whose Dominion is an everlasting Dominion,
- Jesus, King of All Nations, Lamb Who will Shepherd us,
- Jesus, King of All Nations, Who after having destroyed every sovereignty, authority and power, will hand over the Kingdom to Your God and Father,
- Jesus, King of All Nations, Whose Reign is without end,

Jesus, King of All Nations, whose kindness toward us is steadfast, and whose fidelity endures forever,

R- May praise and thank You

- Eternal Father, Who has given us Your Only Begotten Son, to be our Redeemer, One True Mediator, and Sovereign King,
- Loving Jesus, Sovereign King, Who humbled Yourself for Love of us and took the form of a servant,
- Holy Spirit, Third Person of the Trinity, Love of the Father and the Son, Who sanctifies us and gives us Life,

Mary, our Queen and Mother, who mediates to Jesus on our behalf,

<u>R - Pray for us.</u>

Mary, our Queen and Mother, through whom all Graces, come to us,

<u>R - Pray for us.</u>

Mary, our Queen and Mother, Singular Jewel of the Holy Trinity,

<u>R - We love you.</u>

Holy Angels and Saints of our Divine King,

R - Pray for us and Protect us.

Amen.

6 The Special Blessing

The Special Blessing of Jesus, King of All Nations was revealed by Our Lady when she appeared to His servant's spiritual mother holding the Child Jesus in her arms. The Child was plucking roses one by one from His Sacred Heart, kissing them, and holding them to His Mother's lips. Our Lady kissed each rose, took it from Jesus' hands, touched it to her heart, then gave it to the "spiritual mother" who placed each rose within Our Lady's Immaculate Heart. From there the roses were distributed to peoples of all nations for all time — billions upon billions of roses. The roses are the graces of the Special Blessing, and the passing of the graces from Jesus to Mary to her children illustrates Our Lady's role as Mediatrix of All Grace.

To Give the Special Blessing:

The Special Blessing may be passed on by anyone to others in person or at a distance in prayer. If in person, place your hands on the person's head with your right thumb on his/her forehead. If at a distance, hold your hands over, or in the direction of, the person or group and pray:

May the Reign of Jesus King of All Nations be recognized in your heart; May the Reign of Jesus King of All Nations be lived in your heart;

May the Reign of Jesus King of All Nations be given through your heart to other hearts; So that the Reign of Jesus King of All Nations may be lived in every heart all over the world.

I ask this Special Blessing through Our Lady, Mediatrix of All Grace, who as Queen and Mother of All Nations, has obtained it for you as a tremendous grace from the Sacred Heart of her Divine Son, in the name of the Father and of the Son and of the Holy Spirit. Amen.

Make the sign of the cross on the person's forehead with your thumb, or make the sign of the cross with your hand in his/her direction.

The gifts of the Special Blessing are the gift of receiving, understanding and living Jesus' Word in Scripture; the gifts of intimacy with Jesus, Mary, and souls as partners in the Body of Christ; and the gift of knowing the secrets of God's love. The Blessing also grants healing and brings unity to the Body of Christ.

Jesus wants everyone to receive the graces of this kingly Special Blessing. Pray it for your family, your friends, your priests, the lost, the sick, the dying — everyone is in need of God's mercy.

The Surrender Novena of Jesus Christ

FR DOLINDO RUOTOLO A Prophet of our Time

Father Don Dolindo Ruotolo was a Neapolita priest (1882-1970), stigmatized miracle worker and "mouthpiece of the Holy Spirit."

Father Ruotolo had extraordinary communications with Jesus throughout his heroic life, a life that was totally devoted to God and Holy Mother Mary. He referred to himself as "the Madonna's little old man" and the Rosary was his constant companion.

On November 19, 1970 Don (Fr) Dolindo Ruotolo died at the age of 88. Padre Pio, who is a canonized Saint, once said of this priest from Naples, Italy, "The whole of paradise is in your soul." His name, Dolindo, means Pain and his life was rich with this pain. As a child, a teenager, a seminarian and a priest, he experienced humiliation, which was the realization of the prophetic words of a bishop who said, "You will be a martyr, but in your heart, not with your blood."

In his profound humility, he was able to hear the words of God. Even with his hidden life he was one of the greatest prophets of the last century. He wrote to Bishop Hnilica in 1965 that a new John will rise out of Poland with heroic steps to break the chains beyond the boundaries imposed by the communist tyranny. On this postcard, he wrote words of consolation for Poland and all the countries suffering under the communist regime. This prophecy was realized in the papacy of St. John Paul II.

In his tremendous suffering, Dolindo became more and more a child who lived his self-offering to the Divine Father. "I am totally poor, a poor nothing. My strength is my prayer, my leader is the will of God which I let take me by the hand. My security over the uneven path is the heavenly mother Mary." One of the treasures from the words which Jesus spoke to Dolindo was the teaching about total abandonment to God. In this novena, Jesus is talking to Don Dolindo and also to you.

To order the Surrender Novena: fullofgraceusa.com or divinewilluk.com/surrender-novena

THE SURRENDER NOVENA* Given by Jesus to Fr. Dolindo Ruotolo

Day 1

Why do you confuse yourselves by worrying? Leave the care of your affairs to Me and everything will be peaceful. I say to you in truth that every act of true, blind, complete surrender to Me produces the effect that you desire and resolves all difficult situations.

O Jesus, I surrender myself to You, take care of everything! (10 times)

Day 2

Surrender to Me does not mean to fret, to be upset, or to lose hope, nor does it mean offering to Me a worried prayer asking Me to follow you and change your worry into prayer. It is against this surrender, deeply against it, to worry, to be nervous and to desire to think about the consequences of anything. It is like the confusion that children feel when they ask their mother to see to their needs, and then try to take care of those needs for themselves so that their childlike efforts get in their mother's way. Surrender means to placidly close the eyes of the soul, to turn away from thoughts of tribulation and to put yourself in My care, so that only I act; saying, "You take care of it."

O Jesus, I surrender myself to You, take care of everything! (10 times)

Day 3

How many things I do when the soul, in so much spiritual and material need turns to Me, looks at Me and says to Me; "You take care of it, then closes its eyes and rests." In pain you pray for Me to act, but that I act in the way you want. You do not turn to Me; instead, you want Me to adapt to your ideas. You are not sick people who ask the doctor to cure you, but rather sick people who tell the doctor how to. So do not act this way, but pray as I taught you in the Our Father: Hallowed be Thy Name, that is, be glorified in my need. Thy kingdom come, that is, let all that is in us and in the world be in accord with Your kingdom. *Thy will be done on Earth as it is in Heaven*, that is, in our need, decide as You see fit for our temporal and eternal life. If you say to Me truly: Thy will be done, which is the same as saying: You take care of it. I will intervene with all My omnipotence, and I will resolve the most difficult situations.

O Jesus, I surrender myself to You, take care of everything! (10 times)

Day 4

Do you see evil growing instead of weakening? Do not worry; close your eyes and say to Me with faith: "Thy will be done, You take care of it." I say to you that I will take care of it, and that I will intervene as does a doctor; and I will accomplish miracles when they are needed. Do you

see that the sick person is getting worse? Do not be upset, but close your eyes and say, "You take care of it." I say to you that I will take care of it, and that there is no medicine more powerful than My loving intervention. By My love, I promise this to you.

O Jesus, I surrender myself to You, take care of everything! (10 times)

Day 5

And when I must lead you on a path different from the one you see, I will prepare you; I will carry you in My arms; I will let you find yourself, like children who have fallen asleep in their mothers' arms, on the other bank of the river. What troubles you and hurts you immensely are your reason, your thoughts and worry, and your desire at all costs to deal with what afflicts you.

O Jesus, I surrender myself to You, take care of everything! (10 times)

Day 6

You are sleepless; you want to judge everything, direct everything and see to everything and you surrender to human strength, or worse-to men themselves, trusting in their intervention; this is what hinders My words and My views. Oh how much I wish from you this surrender, to help you; and how I suffer when I see you so agitated! Satan tries to do exactly this: to agitate you and to remove you from My protection and to throw you into the jaws of human initiative. So, trust only in Me, rest in Me, surrender to Me in everything.

O Jesus, I surrender myself to You, take care of everything! (10 times)

Day 7

I perform miracles in proportion to your full surrender to Me and to your not thinking of yourselves. I sow treasure troves of graces when you are in the deepest poverty. No person of reason, no thinker, has ever performed miracles, not even among the saints. He does divine works whosoever surrenders to God. So don't think about it any more, because your mind is acute and for you it is very hard to see evil and to trust in Me and to not think of yourself. Do this for all your needs; do this all of you and you will see great continual silent miracles. I will take care of things, I promise this to you.

O Jesus, I surrender myself to You, take care of everything! (10 times)

Day 8

Close your eyes and let yourself be carried away on the flowing current of My grace; close your eyes and do not think of the present, turning your thoughts away from the future just as you would from temptation. Repose in Me, believing in My goodness, and I promise you by My love that if you say, "You take care of it." I will take care of it all; I will console you, liberate you and guide you.

O Jesus, I surrender myself to You, take care of everything! (10 times)

Day 9

Pray always in readiness to surrender, and you will receive from it great peace and great rewards, even when I confer on you the grace of immolation, of repentance and of love. Then what does suffering matter? It seems impossible to you? Close your eyes and say with all your soul, "Jesus, you take care of it." Do not be afraid, I will take care of things and you will bless My name by humbling yourself. A thousand prayers cannot equal one single act of surrender, remember this well. There is no novena more effective than this:

O Jesus, I surrender myself to You, take care of everything! (10 times)

Prayer to the Blessed Virgin Mary

Mother, I am yours now and forever. Through you and with you I always want to belong completely to Jesus.

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of the thy womb, Jesus. Holy Mary, mother of God, pray for us sinners now, and at the hour of our death. Amen.

A Sinner's Prayer

O Body and Blood Save me O Soul and Divinity Save me O Jesus, my Lord and my God Forgive me O Jesus, my Redeemer Forgive me O Jesus, bring me to Your love so that I may spend eternity with You and all the elect. Love me O Jesus, let me see my soul as You see and know my soul. Love me O Jesus, if I see sin, take me now to a priest for the Sacrament of Reconciliation. Forgive me O Jesus, keep me in Your Grace always — moment by moment, day by day. Lord, have Mercy O Jesus, use me to reflect You and use me as You will. Amen

Saying the Divine Mercy Chaplet Saves a Dying Person

In the Diary, Divine Mercy in My Soul, passage number 811, Jesus Christ said, "At the hour of their death, I defend as My own glory every soul that will say this chaplet, or when others say it for a dying person." When this chaplet is said just once that person will be saved. Jesus' mercy is limitless. This is the time of Divine Mercy for the entire world. He tells us that this will be followed by His Divine Justice. Certainly, everyone would want to come under His Mercy not His Justice. Here is the link to how to say the <u>Chaplet of Divine Mercy</u>.

Sacrament of the Sick for a Dying Person given by a Priest

This sacrament forgives sin. When given to a dying person, this sacrament is a great aid to salvation. However, it is good to pray for those who may be in purgatory before Heaven.

In the Pocket Catholic Dictionary by Fr. John A. Hardon, S.J. it says this sacrament "instituted by Christ to give the sick spiritual aid and strength and to perfect spiritual health, including, if need be, the remission of sins." Conditionally, it also restores bodily health to Christians who are seriously ill... In the anointing by a priest, he says, "Through this holy anointing and His most loving mercy, may the Lord assist you by the grace of the Holy Spirit, so that, freed from your sins, He may save you and in His goodness raise you up."

The Jesus Prayer on Rosary Beads

Holding the crucifix on the rosary beads, make the Sign of the Cross, saying "In the name of the Father, and of the Son, and of the Holy Spirit. Amen."

1st bead—Say the Our Father

Our Father who art in Heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in Heaven. Give us this day, our daily bread; and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. Amen.

The 3 beads—Say three Hail Mary prayers

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen.

First Decade—Say Our Father on single bead, and on beads 1-10, say The Jesus Prayer on each of them, saying "Lord Jesus Christ, Son of the Living God, Have Mercy on me, a sinner."

Second, Third, Fourth, and Fifth Decades—Say the same as the First Decade

Then say three Hail Mary Prayers on the three beads leading back to the crucifix.

Last say the Glory Be prayer on the bead right next to the crucifix. Glory Be to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be. Amen

End by making the Sign of the Cross and saying it as at the beginning.

You will have said the powerful Jesus prayer 50 times on the rosary beads. Of course, you can say the Rosary before or after it.

How to say the Rosary (Warnings Today section)

The Promises of the Most Chaste Heart of Saint Joseph

(In 1998)

1. I promise to all those who will honor my most chaste heart and will perform here on earth good deeds for those in most need, primarily for the sick and the dying, for whom I am comforter and protector, **to receive at the last moment of their life the grace of a holy death.** (March 2, 1998)

- 2. I promise to all the faithful who will honor my most chaste heart with faith and love, the grace to live a life of holy purity of soul and body, the strength and the means necessary to overcome all attacks and all temptations of the devil. I myself will protect them as my own precious possession. This grace is not only for those who will honor my heart, but also for all their family members who may be in need of heavenly assistance. (March 3, 1998)
- I promise to ask the Lord for all those who will invoke me, honoring this heart of mine, the grace to be able to resolve the most difficult problems and the most urgent needs, that to the eyes of men would seem impossible to resolve, but through my intercession to the Lord they will become possible. (March 4, 1998)
- 4. I promise to all those who trust in this heart of mine pure and chaste, honoring it devoutly, the grace to be consoled by me in their most grave distress of soul and in danger of being condemned, when, by disgrace, would lose sanctifying grace due to their grave sins. (March 5, 1998)
- 5. Tell all those who will honor this heart of mine and will have full trust in me and in my intercession, I promise that they will not be abandoned in their difficulties and trials of life because I will ask the Lord to help them with His divine assistance with their problems, material or spiritual. (March 6, 1998)
- 6. The fathers and mothers who will consecrate themselves to my heart with their families will have my assistance in their afflictions and problems, also in raising and educating their children. The way I brought up the Son of the Most High in His Holy Divine Laws of, in the same way I will help all the fathers and mothers who will consecrate their children to me, raising them in the love of the Holy Commandments of God, so that they will find the surest way to salvation. (March 6, 1998)
- 7. My son, tell all those who will honor this most chaste heart of mine, that they will receive the grace of my protection from all evil and danger. Those who will entrust themselves to me will not be struck by misfortune, wars, famine, pestilence and other calamities, but will have my heart as a safe refuge and protection. Here in my heart everyone will receive protection from the Divine Justice in the days to come, because those who will consecrate themselves to my heart, and honor it, will be looked upon by my son Jesus with eyes of mercy,

because Jesus will pour His love and will bring to the glory of His reign all those that I will place in my heart. (March 7, 1998)

- 8. My dear son, all those who will spread the devotion to my heart and will practice it with love and with conviction of heart, will have the certainty to have their names engraved in it in the same way the cross of my son Jesus and the M of Mary are engraved in the form of a wound. This is also a promise for all priests because I love them with predilection. The priests who will have devotion to my heart and will spread it, will have the grace, granted by God, to touch the most hardened hearts and to convert the most obstinate sinners. (March 8, 1998)
- 9. (The Blessed Mother): The Eternal Father allows me tonight to reveal to you the promise of My Immaculate Heart for all those who will honor devoutly and will have love for the heart of my spouse Joseph. My son, tell every one who will honor his most chaste heart that they will benefit of my maternal presence in a very special way in their lives because I will be at the side of every son and daughter of mine, helping them and comforting them with my Heart of a Mother, in the same way I helped and comforted My Most Chaste Spouse Joseph in this world; and for all that they will ask to my Heart with trust, I promise to intercede to the Eternal Father, to My Divine Son Jesus and to the Holy Spirit, obtaining from the Lord the grace to reach perfect sanctity and to imitate My spouse Joseph in virtues, reaching in this way the perfection of love in the manner he lived it. (March 9, 1998)
- 10. (Our Lord Jesus): My son, all those who will honor the most chaste heart of my virginal father Joseph, will receive the grace on the last day of their life, to conquer the deceit of the enemy of salvation, obtaining the victory and the recompense merited in the reign of my Heavenly Father. Those who will honor devoutly this most chaste heart in this world will have the certainty to receive great glory in Heaven, a grace that will not be granted to those who will not honor it as I ask. The souls devoted to my virginal father Joseph will benefit of the beatific vision of the Most Holy Trinity and will have a deep knowledge of the Triune God, three times Holy. In Heaven they will also enjoy the presence of my Heavenly Mother and of my virginal father Joseph, as my heavenly glory reserved to all of them from eternity. These souls will surround the chaste heart of my virginal father Joseph, as most beautiful lilies. This is my

Great Promise for all men in the entire world devoted to my virginal father Joseph. (March 10, 1998)

(The Promises above was approved by the local bishop in Brazil but not Rome yet!)

Act of Consecration to St. Joseph And His Most Chaste Heart

O dearest St. Joseph, I consecrate myself to your honor and give myself to you, that you may always be my father, my protector, and my guide in the way of salvation. Obtain for me a greater purity of heart and fervent love of the interior life. After your example, may I do all my actions for the greater glory of God, in union with the Sacred Heart of Jesus and the Immaculate Heart of Mary. O Blessed St. Joseph, I consecrate myself to you and your Most Chaste Heart. Pray for me, that I may share in the peace and joy of your holy death. Amen.

Memorare to St. Joseph

Remember, O Most Chaste Spouse of the Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired by this confidence, I fly unto you, my spiritual father, and beg your protection. O Foster Father of the Redeemer, despise not my petitions, but in your goodness hear and answer me. Amen.

Most Famous Prayers

Our Father

Our Father who art in Heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in Heaven. Give us this day, our daily bread; and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory Be to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be. Amen.

Act of Contrition

Oh my God, I am heartily sorry for having offended Thee, and I detest all of my sins because of Thy just punishments, but most of all because I have offended Thee, My God, who art all-good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and to avoid the near occasions of sin. Amen.

Prayers to God the Father

Morning Prayer to The Father

My beloved Father, thy will be done on earth as it is in Heaven. Be thou my Father, be always my Eternal Father. Do not leave my soul. Do not leave me out of your sight, my Father, for I am Your child, whom You have created to please You, to adore You, to honor You, living my days as You have given me the license to live it. Amen.

Prayer to The Father for The Holy Spirit

God, our Father, I ask You to send Your Holy Spirit into my heart, mind and soul that when I read these words which You have given to me, I receive them with the understanding which You my Father have intended. Allow me to be open to Your burning fire of love. Allow me to absorb this message of Your tremendous love into the very depths of my being. Father, it is Your desire that I should come to You. So I come to You as Your child and ask You to set me on fire with Your burning and all-consuming love. Allow my heart to explode with Your Divine love. Allow me to exist only for Your love. My Father, teach me Your love. Amen.

The Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God,

born of the Father before all ages, God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation, he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of Life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Prayers to God the Son

Daily Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings of this day in union with the Holy Sacrifice of the Mass throughout the world. I offer them for all the intentions of Your Sacred Heart, the salvation of souls, reparation for sin, the union of all Christians. I offer them for the intentions of our Bishops and all Apostles of Prayer, and in particular for those recommended by our Holy Father this month. Amen.

The Jesus Prayer

Lord Jesus Christ, Son of the Living God, have mercy on me, a sinner. Amen.

Prayer After Holy Communion

Soul of Christ, make me holy. Body of Christ, save me. Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, make me strong. O good Jesus, hear me. Hide me within Your wounds. Let me never be separated from You. Deliver me from the wicked enemy. Call me at the hour of my death, and tell me to come to You, That with Your saints I may praise You forever. Amen.

NOTE: IN ORDER TO RECEIVE HOLY COMMUNION AT A MASS, YOU MUST BE IN THE STATE OF GRACE, CONSCIOUS OF NO SERIOUS SIN, AFTER AN EXAMINATION OF CONSCIENCE (such as the section Warnings Today article "What Is a Sin" and the confession guide offered by Human Life International after that article) IT IS A SACRILEGE TO RECEIVE HOLY COMMUNION IN THE STATE OF MORTAL SIN. A good act of contrition with prayers for forgiveness must be made before receiving Holy Communion if you are conscious of venial or lesser sin.

Prayers to God the Holy Spirit

Holy Spirit, help us to be brave and kind like Jesus. Help us to love and care for others like Jesus. Amen.

O Holy Spirit, beloved of my soul, I adore You. Enlighten me, guide me, strengthen me, console me. Tell me what I should do. Give me Your orders. I promise to submit myself to all that You desire of me and to accept all that You permit to happen to me. Let me only know Your Will.

Holy Spirit, enlighten and direct me. (Say three times)

I beseech Thee Breathe in me O Holy Spirit That my thoughts may all be holy;

Act in me O Holy Spirit That my work, too, may be holy; Draw my heart O Holy Spirit That I love what is holy;

Strengthen me O Holy Spirit To defend what is holy;

Guard me then O Holy Spirit That I always may be holy.

-St. Augustine

Prayers to Mary

Prayer to Our Lady of All Nations

Lord, Jesus Christ, Son of the Father, send now Your Spirit over the earth. Let the Holy Spirit live in the hearts of all nations, that they may be preserved from degeneration, disaster and war. May the Lady of All Nations, the Blessed Virgin Mary, be our Advocate.

Amen.

Consecration to the Immaculate Heart of Mary

Queen of the Most Holy Rosary, and tender Mother of all people, I consecrate myself to you and to your Immaculate Heart, and recommend to you my family, my country, and the whole human race. Please accept my consecration, dearest Mother, and use me as you wish to accomplish your designs upon the world. O Immaculate Heart of Mary, Queen of Heaven and Earth, rule over me and teach me how to allow the Heart of Jesus to rule and triumph in me and around me, as It has ruled and triumphed in you. Amen.

Novena to Our Lady of Perpetual Help

See at your feet, O Mother of Perpetual Help, a poor sinner who has recourse to you and confides in you. O Mother of Mercy, have pity on me! I hear you called the refuge and the hope of sinners; be my refuge and my hope. Help me, for the love of Jesus Christ; stretch forth your hand to a poor fallen creature who recommends himself/herself to you, and who devotes himself/herself to your service forever. I bless and thank Almighty God, who in His mercy had given me this confidence in you, which I hold to be a pledge of my eternal salvation. Mary, tender Mother, help me. Mother of Perpetual Help, never allow me to lose my God. Amen.

Pray the Our Father, Hail Mary, and Glory Be, three times each.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession, was left unaided. Inspired with this confidence, I fly to you, O Virgin of virgins, my Mother; to you do I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me. Amen.

The Mary Prayer

Holy Mother Mary, Mother of God, have mercy on me, a sinner. *(May be said repeatedly on your rosary beads)*

Prayers to Angels & Saints

Prayer to St. Michael, The Archangel

St. Michael the Archangel, defend us in battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the Heavenly Host, by the power of God, cast into hell, satan and all the evil spirits, who prowl throughout the world seeking the ruin of souls. Amen.

(Please memorize to say daily, along with Our Father prayer)

Prayer to Your Personal Guardian Angel

Angel of God, my guardian dear, to whom God's love commits me here, ever this day, be at my side, to light and guard, to rule and guide.

Amen.

(Please memorize to say daily)

Prayer to St. Anthony

St. Anthony, when you prayed, your stolen book of prayers was given back to you. Pray now for all of us who have lost things precious and dear. Pray for all who have lost faith, hope or the friendship of God. Pray for us who have lost friends or relatives by death. Pray for all who have lost peace of mind or spirit. Pray that we may be given new hope, new faith, new love. Pray that lost things, needful and helpful to us, may be returned to our keeping. Or, if we must continue in our loss, pray that we may be given Christ's comfort and peace. Amen.

Prayer to St. Joseph

O Saint Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires. O Saint Joseph, do assist me by your powerful intercession, and obtain for me from your Divine Son all spiritual blessings, through Jesus Christ, Our Lord. So that having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most Loving of Fathers. O Saint Joseph, I never weary contemplating you and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine Head for me, and ask Him to return the kiss when I draw my dying breath. Saint Joseph, Patron of departing souls - pray for me. Amen.

Act of Consecration to St. Joseph And His Most Chaste Heart

O dearest St. Joseph, I consecrate myself to your honor and give myself to you, that you may always be my father, my protector, and my guide in the way of salvation. Obtain for me a greater purity of heart and fervent love of the interior life. After your example, may I do all my actions for the greater glory of God, in union with the Sacred Heart of Jesus and the Immaculate Heart of Mary. O Blessed St. Joseph, I consecrate myself to you and your Most Chaste Heart. Pray for me, that I may share in the peace and joy of your holy death. Amen

Fatima Pardon Prayer

(Prayer taught by the Angel of Peace during his first apparition in 1916 to the three children.)

My God, I believe, I adore, I hope and I love Thee! I beg pardon for those who do not believe, do not adore, do not hope, and do not love Thee. Amen.

Fatima Angel's Prayer

Oh Most Holy Trinity, Father, Son, and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges, and indifferences by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners. Amen.

Litanies

Litany of The Father

Lord, have mercy on us. Christ, have mercy on us. Lord, have mercy on us. Christ, hear us. Christ, graciously hear us. God the Father of Heaven, have mercy on us. God the Son, Redeemer of the world, have mercy on us. God the Holy Spirit, have mercy on us. Holy Trinity One God, have mercy on us. Father, First Person of the Most Blessed Trinity, have mercy on us. Father of the Only-begotten Son, have mercy on us. Father and Son, from Whom proceeds the Holy Spirit, have mercy on us. Father of the Immaculate Virgin Mary, have mercy on us. Father of her most chaste spouse, have mercy on us. Our Father in Heaven, have mercy on us. Father eternal, hallowed be Thy Name. Father, infinite majesty, hallowed be Thy Name. Father, infinite holiness, hallowed be Thy Name. Father, infinite goodness, hallowed be Thy Name. Father, infinite happiness, hallowed be Thy Name.

Father, all-powerful, hallowed be Thy Name. Father, all-knowing, hallowed be Thy Name. Father, present everywhere, hallowed be Thy Name. Father, all-just, hallowed be Thy Name. Father, all merciful, hallowed be Thy Name. Father, creating Heaven and earth, Thy kingdom come. Father, promising a Savior, Thy kingdom come. Father, revealed by the Son, Thy kingdom come. Father, willing the passion of Jesus, Thy kingdom come. Father, accepting the Sacrifice of Calvary, Thy kingdom come. Father, reconciled with mankind, Thy kingdom come. Father, sending the Paraclete, Thy kingdom come. Father, in the Name of Jesus, Thy kingdom come. Father of Nations, Thy kingdom come. Father of Love, cherish us. Father of Beauty, protect us. Father of Wisdom, direct us. Father, Divine Providence, watch over us. Father of the poor, Thy Will be done. Father of orphans, Thy Will be done. Father of widows, Thy Will be done. Father of the exiled, Thy Will be done. Father of the persecuted, Thy Will be done. Father of the afflicted, Thy Will be done. Father of the infirm, Thy Will be done. Father of the aged, Thy Will be done. Father, we adore Thee. Father, we love Thee. Father, we thank Thee. Father, we bless Thee. In joy and in sorrow, may we bless Thee. In sickness and in health, may we bless Thee. In prosperity and in adversity, may we bless Thee. In consolation and in desolation, may we bless Thee. In life and in death, may we bless Thee. In time and in eternity, may we bless Thee. Father, hear us. Father, graciously hear us. Lamb of God, well-beloved Son of the Father, spare us, O Lord. Lamb of God, commanding us to be perfect as the Father, graciously hear us, O Lord. Lamb of God, Our Mediator with the Father, have mercy on us.

Let Us Pray.

Our Father Who art in Heaven, hallowed be Thy Name; Thy kingdom come; Thy Will be done on earth as it is in Heaven. Give us this day our daily bread; And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. Amen.

Litany to Sacred Heart of Jesus

Lord, have mercy Christ, have mercy Lord, have mercy Christ, hear us Christ, graciously hear us God, the Father of heaven,

Have mercy on us (continue for all below) God, the Son, Redeemer of the world, God, the Holy Spirit, Holy Trinity, one God, Heart of Jesus, Son of the eternal Father, Heart of Jesus, formed by the Holy Spirit in the Virgin Mother's womb, Heart of Jesus, substantially united to the Word of God, Heart of Jesus, of infinite majesty, Heart of Jesus, holy temple of God, Heart of Jesus, tabernacle of the Most High, Heart of Jesus, house of God and gate of heaven, Heart of Jesus, glowing furnace of charity, Heart of Jesus, vessel of justice and love, Heart of Jesus, full of goodness and love, Heart of Jesus, abyss of all virtues, Heart of Jesus, most worthy of all praise, Heart of Jesus, King and center of all hearts,

Heart of Jesus, wherein are all the treasures of wisdom and knowledge, Heart of Jesus, wherein dwells the fullness of the Godhead, Heart of Jesus, in whom the Father is well pleased, Heart of Jesus, desire of the everlasting hills, Heart of Jesus, patient and rich in mercy, Heart of Jesus, rich for all who call upon You, Heart of Jesus, fount of life and holiness, Heart of Jesus, propitiation for our offenses, Heart of Jesus, holy Temple of God, Heart of Jesus, overwhelmed with reproaches, Heart of Jesus, bruised for our iniquities, Heart of Jesus, obedient even unto death, Heart of Jesus, pierced with a lance, Heart of Jesus, source of all consolation, Heart of Jesus, our life and resurrection, Heart of Jesus, our peace and reconciliation, Heart of Jesus, victim for our sins, Heart of Jesus, salvation of those who hope in You, Lamb of God, who takes away the sins of the world, spare us, O Lord. Lamb of God, who takes away the sins of the world, graciously hear us, O Lord. Lamb of God, who takes away the sins of the world, have mercy on us. Jesus, meek and humble of heart, make our heart like Your Heart.

Let us pray,

Heavenly Father, we rejoice in the gifts of love we have received from the Heart of Jesus, Your Son. Open our hearts to share His life and continue to bless us with His Love. We ask this in the name of Jesus the Lord. Amen.

Litany of the Precious Blood of Jesus Christ

Lord, have mercy on us Christ, have mercy on us Lord, have mercy on us Christ, hear us God, the Father of Heaven God, the Son, Redeemer of the world, God, the Holy Spirit Holy Trinity, One God Lord, have mercy on us Christ, have mercy on us Lord, have mercy on us Christ, graciously hear us have mercy on us have mercy on us have mercy on us have mercy on us

L: O Most Precious Blood of Jesus Christ, the Blood of salvation

R: Cover us and the whole world.

The ocean of the Blood of Jesus Christ	set us free
The Blood of Jesus Christ, full of holiness and compassion	set us free
Precious Blood of Jesus Christ, our strength and power	set us free
Precious Blood of Jesus Christ, the Everlasting Covenant	set us free
Precious Blood of Jesus Christ, the foundation of the Christian faith	set us free
Precious Blood of Jesus Christ, the armor of God	set us free
Precious Blood of Jesus Christ, the Divine Charity	set us free
Precious Blood of Jesus Christ, the scourge of demons	set us free
Precious Blood of Jesus Christ, the help of those in bondage	set us free
Precious Blood of Jesus Christ, the sacred wine	set us free
Precious Blood of Jesus Christ, the power of Christians	set us free
Precious Blood of Jesus Christ, the defender of the Catholic wall	set us free
Precious Blood of Jesus Christ, the Christian's true faith	set us free
Precious Blood of Jesus Christ, the healing blood	save us
Precious Blood of Jesus Christ, the anointing blood	save us
Precious Blood of Jesus Christ, the boldness of the children of God	save us
Precious Blood of Jesus Christ, the commander of Christian warriors	s save us
Precious Blood of Jesus Christ, the blood of resurrection	save us
Precious Blood of Jesus Christ, the drink of heavenly angels	save us
Precious Blood of Jesus Christ, the consolation of God the Father	save us
Precious Blood of Jesus Christ, the power of the Holy Spirit	save us
Precious Blood of Jesus Christ, the circumcision of the Gentiles	save us
Precious Blood of Jesus Christ, the peace of the world	save us
Precious Blood of Jesus Christ, the sunshine of Heaven and Earth	save us
Precious Blood of Jesus Christ, the rainbow in Heaven	save us
Precious Blood of Jesus Christ, the hope of innocent children	save us
Precious Blood of Jesus Christ, the Word of God in our hearts	save us
Precious Blood of Jesus Christ, the heavenly weapon	save us
Precious Blood of Jesus Christ, the Divine Wisdom	save us
Precious Blood of Jesus Christ, the foundation of the world	save us
Precious Blood of Jesus Christ, the mercy of God the Father	save us

L: O Most Precious Blood of Jesus Christ

- **R:** Cleanse the sins of the world
- L: O Most Precious Blood of Jesus Christ
- R: Refine the world
- L: O Most Precious Blood of Jesus Christ
- R: Teach us how to console Jesus

LET US PRAY

O Precious Blood of our salvation, we believe, hope and trust in You. Deliver all those that are in the hands of the infernal spirits we beseech You. Protect the dying against the works of evil spirits and welcome them into Your eternal glory. Have mercy on the whole world and strengthen us to worship and console the Sacred Heart. We adore you, 0 Precious Blood of mercy. Amen.

L: O Most Precious Blood of Jesus Christ R: Heal the wounds in the Most Sacred Heart of Jesus (3 times)

Litany of Loreto

Lord, have mercy Christ, have mercy Lord, have mercy Christ, hear us Christ, graciously hear us. God, the Father of Heaven, have mercy on us. God, the Son, Redeemer of the world, have mercy on us. God, the Holy Spirit, have mercy on us. Holy Trinity, one God, have mercy on us. Holy Mary,

Pray for us (continue for all below) Holy Mother of God, pray for us Holy Virgin of virgins, Mother of Christ, Mother of the Church, Mother of Mercy, Mother of Divine Grace, Mother of hope, Mother most pure, Mother most chaste, Mother inviolate,

Mother undefiled, Mother most amiable, Mother most admirable, Mother of good counsel, Mother of our creator, Mother of our savior, Virgin most prudent, Virgin most venerable, Virgin most renowned, Virgin most powerful, VIrgin most merciful, Virgin most faithful, Mirror of justice, Seat of wisdom, Cause of our joy, Spiritual vessel, Vessel of honor, Singular vessel of devotion, Mystical rose, Tower of David, Tower of ivory, House of gold, Ark of the covenant, Gate of heaven, Morning star, Health of the sick, Refuge of sinners, Comfort of migrants, Comforter of the afflicted, Help of Christians, Queen of angels, Queen of patriarchs, Queen of prophets, Queen of apostles, Queen of martyrs, Queen of confessors, Queen of virgins, Queen of all saints, Queen conceived without original sin, Queen, assumed into heaven, Queen of the holy rosary, Queen of peace, Lamb of God, who takes away the sins of the world, spare us, O Lord. Lamb of God, who takes away the sins of the world, graciously hear us, O Lord. Lamb of God, who takes away the sins of the world, have mercy on us. Pray for us, O holy Mother of God, That we may be made worthy of the promises of Christ.

Let us pray

Eternal God, let Your people enjoy constant health in mind and body. Through the intercession of the Virgin Mary, free us from the sorrows of this life and lead us to happiness in the life to come. We ask this through Christ our Lord.

Amen.

Litany of the Holy Spirit

Lord, have mercy on us. Christ, have mercy on us. Lord, have mercy on us. Father, all powerful, have mercy on us. Jesus, Eternal Son of the Father, Redeemer of the world, save us Spirit of the Father and the Son, boundless life of both, sanctify us. Holy Trinity, hear us. Holy Spirit, Who proceedest from the Father and the Son, enter our hearts. Holy Spirit, Who are equal to the Father and the Son, enter our hearts. Promise of God the Father, have mercy on us. Ray of heavenly light, have mercy on us. Author of all good, have mercy on us. Source of heavenly water, have mercy on us. Consuming fire, have mercy on us. Ardent Charity, have mercy on us. Spiritual unction, have mercy on us. Spirit of love and truth, have mercy on us. Spirit of wisdom and understanding, have mercy on us. Spirit of counsel and fortitude, have mercy on us. Spirit of knowledge and piety, have mercy on us.

Spirit of the fear of the Lord, have mercy on us. Spirit of grace and prayer, have mercy on us. Spirit of peace and meekness, have mercy on us. Spirit of modesty and innocence, have mercy on us. Holy Spirit, the Comforter, have mercy on us. Holy Spirit, the Sanctifier, have mercy on us. Holy Spirit, Who governest the Church, have mercy on us. Gift of God, the Most High, have mercy on us. Spirit Who fillest the universe, have mercy on us. Spirit of the adoption of the children of God, have mercy on us. Holy Spirit, inspire us with horror of sin. Holy Spirit, come and renew the face of the earth. Holy Spirit, shed Thy light in our souls. Holy Spirit, engrave Thy law in our hearts. Holy Spirit, inflame us with the flame of Thy Love. Holy Spirit, open to us the treasures of Thy graces. Holy Spirit, teach us to pray well. Holy Spirit, enlighten us with Thy heavenly inspirations. Holy Spirit, lead us in the way of salvation. Holy Spirit, grant us the only necessary knowledge Holy Spirit, inspire in us the practice of good. Holy Spirit, grant us the merits of all virtues. Holy Spirit, make us persevere in justice. Holy Spirit, be Thou our everlasting reward. Lamb of God, Who takest away the sins of the world, send us Thy Holy Spirit. Lamb of God, Who takest away the sins of the world, pour down onto our souls the gifts of the Holy Spirit. Lamb of God, Who takest away the sins of the world, grant us the Spirit of wisdom and piety. Come Holy Spirit! Fill the hearts of Thy faithful. And enkindle in them the fire of Thy Love.

Let us pray

Grant O merciful Father, that Thy Divine Spirit enlighten, inflame and purify us, that He may penetrate us with His heavenly dew and make us fruitful in good works; through our Lord Jesus Christ, Thy Son, Who with Thee, in the unity of the Spirit, liveth and reigneth forever and ever. Amen.

Litany of Divine Providence Prayer

Lord, have mercy on us -Christ have mercy on us Lord, have mercy on us -Christ have mercy on us Christ hear us -Christ graciously hear us God, the Father of heaven, have mercy on us God, the Son, Redeemer of the world, have mercy on us God, the Holy Spirit, have mercy on us Holy Trinity, one God, have mercy on us Divine Providence, glance of love, have mercy on us Divine Providence, Who dost govern us and provide for us with paternal care, have mercy on us Divine Providence, hope of our salvation, have mercy on us Divine Providence, consolation of the poor pilgrim soul, have mercy on us Divine Providence, our protection in danger, have mercy on us Divine Providence, giver of all gifts, have mercy on us Divine Providence, treasury of gifts and graces without number, have mercy on us Divine Providence, support of the just, have mercy on us Divine Providence, hope of sinners and of the forsaken, have mercy on us Divine Providence, refuge of the exiled, have mercy on us Divine Providence, peace of our hearts, have mercy on us Divine Providence, consoler of the sorrowful, have mercy on us Divine Providence, refreshment of the thirsty, have mercy on us Divine Providence, efficacious remedy for all evils, have mercy on us Divine Providence, giver of all consolation, have mercy on us Divine Providence, protector of the poor, have mercy on us Divine Providence, support of widows and of orphans, have mercy on us Divine Providence, divine attribute, worthy of all our veneration, confidence, and love, have mercy on us Lamb of God, Who takest away the sins of the world, Spare us, O Lord, Lamb of God, Who takest away the sins of the world, Graciously hear us, O Lord have mercy on us Lamb of God, Who takest away the sins of the world, have mercy on us Christ, hear us

-Christ graciously hear us

Let us pray

O God, Whose Providence cannot err in its ordinances, we humbly implore Thee to remove everything hurtful, and to grant us what is beneficial. Through our Lord Jesus Christ. Amen.

Your 4-minute Meditation

The Suffering and Death of Jesus Christ

Jesus is scourged, beaten and crowned with thorns, producing bleeding in several places on His head, as the crown of thorns is pushed down.

-Say Our Father prayer:

Our Father who art in Heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in Heaven. Give us this day, our daily bread; and forgive us, our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. Amen.

The Blessed Virgin Mary meets her Son on the way of the cross. She sees the beating on his face, the crown of thorns and bleeding in several places—and the cross He is carrying to His execution.

-Say Hail Mary prayer:

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen.

Jesus reached Calvary, the site of the execution. He is stripped of His garments.

-Say Glory Be prayer:

Glory Be to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be.

Amen.

Jesus is crucified, nailed to the cross through His hands and feet after ruthlessly pulling His arms and legs to reach the determined places on the cross.

-Say Our Father prayer

From the cross, Jesus looks down on His mother and says, "Woman, behold your son." Then He quickly looked at the apostle John and said, "John, behold your mother." From that day on, John cared for her as his own mother until she died.

-Say Hail Mary prayer

Jesus dies on the cross. After that, his side is pierced with a lance that is driven through His heart, producing blood and water (as in the Divine Mercy image). His mother Mary felt the wound in her heart, as prophesied by Simeon when Jesus was presented as a baby at the temple.

-Say Glory Be prayer

The Virgin Mary receives the body of her Son. In tears and sorrow, she removes the crown of thorns first, then with a pincers, the thorns that were broken off in His head. She has to remove them slowly and carefully, to not cause any further damage to His head.

-Say Hail Mary prayer

Jesus' body is now ready to be placed in the tomb, from where He will arise from the dead on the third day, a Sunday. His entire head has a covering, which is kept in Oviedo, Spain (for many centuries). The head covering and the full body covering (think

of the Shroud of Turin) are the two cloths mentioned in the Gospels. This is when Peter and John entered the empty tomb of the Risen Christ.

-Say Glory Be prayer

Praise the Lord! He is risen! Indeed, He is risen! Our salvation comes only from Jesus Christ! Amen.

The Divine Praises

Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her glorious Assumption.
Blessed be the Name of Mary, virgin and mother.
Blessed be St. Joseph, her most chaste spouse.
Blessed be God in His angels and in His saints.

Christ our Last End By St. Louis Marie de Montfort

Jesus Christ our Savior, true God and true Man, ought to be the last end of all our devotions, else they are false and delusive. Jesus Christ is the Alpha and the Omega, the beginning and the end, of all things. He is our only Master, Who has to teach us; our only Lord on Whom we ought to depend; our only Head to Whom we must be united; our only Model to Whom we should conform ourselves; our only Physician Who can heal us; our only Shepherd Who can feed us; our only Way Who can lead us; our only Truth Whom we must believe; our only Life Who can animate us; and our only All in all things Who can satisfy us. There has been no other name given under heaven, except

the name of Jesus by which we can be saved. God has laid no other foundation of our salvation, our perfection or our glory, than Jesus Christ. Every building which is not built on that firm rock is founded upon the moving sand, and sooner or later infallibly will fall.

By Jesus Christ, with Jesus Christ, in Jesus Christ, we can do all things; we can render all honor and glory to the Father in the unity of the Holy Spirit. If, then, we establish solid devotion to Mary, Our Lady, it is only to establish more perfectly devotion to Jesus Christ, and to provide an easy and secure means for finding Jesus Christ. Devotion to Mary, Our Lady is necessary for us to find Jesus Christ perfectly, of loving Him tenderly, of serving Her Son faithfully.